

Cupertino Senior Center
Cupertino Television Productions

The Better Part

Seniors making a difference through Public Access Television

The Better Part is a Public Access television program produced by members of the Cupertino Senior Center. The group meets twice a week to produce their shows. The first meeting is on Tuesday to plan the shows and the second meeting is at the studio of KMVT15 in Mountain View to tape the show for cablecast. They have been producing award-winning television shows since 1983 and cablecast their 1,200th show in October 2018. Further information can be obtained by contacting the group at info@thebetterpart.com or by visiting their website at www.thebetterpart.com.

June 2019



Program Schedule for June 2019

**Cupertino, Los Altos & Mountain View Comcast Channel 15
Sunnyvale Comcast Channel 26; AT&T U-verse Channel 99 throughout the
Bay Area**

Shows Monday at 4:30 PM; Tuesday and Friday at 7:00 PM.
Other cities program schedules can be found on the reverse side.

S Simulcast live on the Internet, see schedule on back.

June 3, 4 & 7	Public Safety and Crime Prevention - A Santa Clara County Deputy Sheriff shares crime prevention tips and strategies. #1116
June 10, 11 & 14	Digital Disruption - Our guest discusses "digital disruption", what it means and what ramifications it has in our lives. #1218
June 17, 18 & 21	Longevity and Happiness - The Better Part interviews Amy Yotopoulos, Director of the Mind Division, Stanford Center for Longevity, on the latest research findings on how longevity and happiness are connected. #1217
June 24, 25 & 28	The American Legion - The American Legion offers valuable services for members of the military, past and present. #1069

Copies of programs on DVDs can be purchased by visiting the web site: www.thebetterpart.com.
DVDs of past programs can be found in the Santa Clara County Library System and on YouTube.

Cupertino Television Productions

c/o Cupertino Senior Center
21251 Stevens Creek Boulevard, Cupertino, CA 95014
Email: thebetterpart1983@gmail.com

www.thebetterpart.com

Studio: KMVT15, Mountain View, CA
IRS 501(c) (5) Non Profit Organization 77-0126455

The Better Part**Schedule
June 2019****Cablecast and Simulcast**

- S** Gilroy, Hollister & San Juan Bautista CMAP - Comcast Ch 20
Monday & Thursday 6:00 PM, Tuesday & Friday 10:00 AM
Simulcast on the Internet: www.cmap.tv
June 3,4,6,7
June 10,11,13,14
June 17,18,20,21
June 24,25,27,28

Public Safety and Crime Prevention #1116
Digital Disruption #1218
Longevity and Happiness #1217
The American Legion #1069

- Los Gatos KCAT - Ch 15 Friday 7:30 PM, Saturday at 8:30 PM, Sunday 2 PM
June 2,7,8
June 9,14,15
June 16,21,22
June 23,28,29

Public Safety and Crime Prevention #1116
Digital Disruption #1218
Longevity and Happiness #1217
The American Legion #1069

Monterey North County, MGTV Comcast Ch 28, Daily 12:30 PM except when pre-empted by City Council Mtgs.
Visit the station website for more details.

- June 2-8
June 9-15
June 16-22
June 23-29

Public Safety and Crime Prevention #1116
Digital Disruption #1218
Longevity and Happiness #1217
The American Legion #1069

- S** Mountain View KMVT - Comcast Ch 15, AT&T U-verse Ch 99, Monday 4:30 PM, Tuesday & Friday 7:00 PM
June 3,4,7
June 10,11,14
June 17,18,21
June 24,25,28

Public Safety and Crime Prevention #1116
Digital Disruption #1218
Longevity and Happiness #1217
The American Legion #1069

- S** Palo Alto, East Palo Alto, Menlo Park, Stanford & Atherton Comcast Ch 75
Monday 11:00 AM, Tuesday 3:00 PM, Thursday 11:00 AM, Friday 9:00 AM
Simulcast on: www.communitymediacenter.net
June 3,4,6,7
June 10,11,13,14
June 17,18,20,21
June 24,25,27,28

Public Safety and Crime Prevention #1116
Digital Disruption #1218
Longevity and Happiness #1217
The American Legion #1069

- S** San Jose & Campbell CreaTV Comcast Ch 15 Monday 7:30 PM
Simulcast on the internet: www.creatvsj.org
June 3
June 10
June 17
June 24

Public Safety and Crime Prevention #1116
Digital Disruption #1218
Longevity and Happiness #1217
The American Legion #1069

- S** Saratoga KSAR TV Comcast Ch 15, AT&T U-verse Ch 99 Thursday 7:00 PM
June 6
June 13
June 20
June 27

Public Safety and Crime Prevention #1116
Digital Disruption #1218
Longevity and Happiness #1217
The American Legion #1069