

Cupertino Senior Center
Cupertino Television Productions

The Better Part

Seniors making a difference through Public Access Television

The Better Part is a Public Access television program produced by members of the Cupertino Senior Center. The group meets twice a week to produce their shows. The first meeting is on Tuesday to plan the shows and the second meeting is at the studio of KMVT15 in Mountain View to tape the show for cablecast. They have been producing award-winning television shows since 1983 and cablecast their 1,200th show in October 2018. Further information can be obtained by contacting the group at info@thebetterpart.com or by visiting their website at www.thebetterpart.com.

March 2019



Program Schedule for March 2019

**Cupertino, Los Altos & Mountain View Comcast Channel 15
Sunnyvale Comcast Channel 26; AT&T U-verse Channel 99 throughout the
Bay Area**

Shows Monday at 4:30 PM; Tuesday and Friday at 7:00 PM.
Other cities program schedules can be found on the reverse side.

S Simulcast live on the Internet, see schedule on back.

March 4, 5 & 8	Creating a Culture of Innovation - Find out how The Tech Museum of Innovation is inspiring the innovator in everyone. #1156
March 11, 12 & 15	Being Irish - To celebrate St. Patrick's Day Week hear three local Irishmen discuss what it means to be Irish. Also hear about the book "The Definitive St. Patrick's Day Festivity Book." #1005
March 18, 19 & 22	A Millennial with Many Talents - Meet someone who is a dancer, singer, and also has a successful high tech career. #1211
March 25, 26 & 29	Personal Training for Seniors - Senior citizens can benefit from having a personal fitness trainer. #1131

Copies of programs on DVDs can be purchased by visiting the web site: www.thebetterpart.com.
DVDs of past programs can be found in the Santa Clara County Library System and on YouTube.

Cupertino Television Productions

c/o Cupertino Senior Center

21251 Stevens Creek Boulevard, Cupertino, CA 95014

Email: thebetterpart1983@gmail.com

www.thebetterpart.com

Studio: KMVT15, Mountain View, CA

IRS 501(c) (5) Non Profit Organization 77-0126455

The Better Part**Schedule
March 2019****Cablecast and Simulcast**

- S** Gilroy, Hollister & San Juan Bautista CMAP - Comcast Ch 20
 Monday & Thursday 6:00 PM, Tuesday & Friday 10:00 AM
 Simulcast on the Internet: www.cmap.tv
 March 4,5,7,8
 March 11,12,14,15
 March 18,19,21,22
 March 25,26,28, 29

Creating a Culture of Innovation #1156
 Being Irish #1005
 A Millennial with Many Talents #1211
 Personal Training for Seniors #1131

- Los Gatos KCAT - Ch 15 Friday 7:30 PM, Saturday at 8:30 PM, Sunday 2 PM
 March 3,8,9
 March 10,15,16
 March 17,22,23
 March 24,29,30

Creating a Culture of Innovation #1156
 Being Irish #1005
 A Millennial with Many Talents #1211
 Personal Training for Seniors #1131

Monterey North County, MGTV Comcast Ch 28, Daily 12:30 PM except when pre-empted by City Council Mtgs.
 Visit the station website for more details.

- March 3-9
 March 10-16
 March 17-23
 March 24-30

Creating a Culture of Innovation #1156
 Being Irish #1005
 A Millennial with Many Talents #1211
 Personal Training for Seniors #1131

- S** Mountain View KMVT - Comcast Ch 15, AT&T U-verse Ch 99, Monday 4:30 PM, Tuesday & Friday 7:00 PM
 March 4,5,8
 March 11,12,15
 March 18,19,22
 March 25,26,29

Creating a Culture of Innovation #1156
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- S** Palo Alto, East Palo Alto, Menlo Park, Stanford & Atherton Comcast Ch 75
 Monday 11:00 AM, Tuesday 3:00 PM, Thursday 11:00 AM, Friday 9:00 AM
 Simulcast on: www.communitymediacenter.net
 March 4,5,7,8
 March 11,12,14,15
 March 18,19,21,22
 March 25,26,28,29

Creating a Culture of Innovation #1156
 Being Irish #1005
 A Millennial with Many Talents #1211
 Personal Training for Seniors #1131

- S** San Jose & Campbell CreaTV Comcast Ch 15 Monday 7:30 PM
 Simulcast on the internet: www.creatvsj.org
 March 4
 March 11
 March 18
 March 25

Creating a Culture of Innovation #1156
 Being Irish #1005
 A Millennial with Many Talents #1211
 Personal Training for Seniors #1131

- S** Saratoga KSAR TV Comcast Ch 15, AT&T U-verse Ch 99 Thursday 7:00 PM
 March 7
 March 14
 March 21
 March 28

Creating a Culture of Innovation #1156
 Being Irish #1005
 A Millennial with Many Talents #1211
 Personal Training for Seniors #1131