

Cupertino Senior Center
Cupertino Television Productions

The Better Part

Seniors making a difference through Public Access Television

The Better Part is a Public Access television program produced by members of the Cupertino Senior Center. The group meets twice a week to produce their shows. The first meeting is on Tuesday to plan the shows and the second meeting is at the studio of KMVT15 in Mountain View to tape the show for cablecast. They have been producing award-winning television shows since 1983 and cablecast their 1,200th show in October 2018. Further information can be obtained by contacting the group at info@thebetterpart.com or by visiting their website at www.thebetterpart.com.



Program Schedule for September 2019

**Cupertino, Los Altos & Mountain View Comcast Channel 15
Sunnyvale Comcast Channel 26; AT&T U-verse Channel 99 throughout the Bay Area**

Shows Monday at 4:30 PM; Tuesday and Friday at 7:00 PM.
Other cities program schedules can be found on the reverse side.

S Simulcast live on the Internet, see schedule on back.

Sept. 2, 3 & 6	What is Treatment Court? - Research has shown that Treatment Courts have the potential of increasing public safety as well as save taxpayers money. #1221
Sept. 9, 10 & 13	The Inner World of Tai Chi - Tai Chi Master Lee and his students explain the health and wellness benefits of Tai Chi. #1223
Sept. 16, 17 & 20	Honeybees: Colonization & Culture - A bee colony and their human tender come to the studio to teach us about these fascinating creatures. #1125
Sept. 23, 24 & 27	Coffee: How to Enjoy it - The secret of enjoying coffee is by learning more about how it's grown, its production, its selection, its preparation. A coffee expert discusses all phases of this marvelous beverage from the time it leaves the coffee plantation until it is poured into your cup. #965

Copies of programs on DVDs can be purchased by visiting the web site: www.thebetterpart.com.
DVDs of past programs can be found in the Santa Clara County Library System and on YouTube.

Cupertino Television Productions

c/o Cupertino Senior Center
21251 Stevens Creek Boulevard, Cupertino, CA 95014
Email: thebetterpart1983@gmail.com

www.thebetterpart.com

Studio: KMVT15, Mountain View, CA
IRS 501(c) (5) Non Profit Organization 77-0126455

The Better Part**Schedule
September 2019****Cablecast and Simulcast**

S Gilroy, Hollister & San Juan Bautista CMAP - Comcast Ch. 20,
Monday 8:00 AM & Thursday 8:00 PM; Ch. 19 Tuesday & Friday 10:00 AM
Simulcast on the Internet: www.cmap.tv
Sept. 2,3,5,6
Sept. 9,10,12,13
Sept. 16,17,19,20
Sept. 23,24,26,27

What is Treatment Court? #1221
The Inner World of Tai Chi #1223
Honeybees: Colonization & Culture #1125
Coffee: How to Enjoy it #965

Los Gatos KCAT - Ch 15 Friday 7:30 PM, Saturday at 8:30 PM, Sunday 2 PM
Sept. 1,6,7
Sept. 8,13,14
Sept. 15,20,21
Sept. 22,27,28

What is Treatment Court? #1221
The Inner World of Tai Chi #1223
Honeybees: Colonization & Culture #1125
Coffee: How to Enjoy it #965

Monterey North County, MGTV Comcast Ch 28, Daily 12:30 PM except when pre-empted by City Council Mtgs.
Visit the station website for more details.

Sept. 1-7
Sept. 8-14
Sept. 15-21
Sept. 22-28

What is Treatment Court? #1221
The Inner World of Tai Chi #1223
Honeybees: Colonization & Culture #1125
Coffee: How to Enjoy it #965

S Mountain View KMVT - Comcast Ch 15, AT&T U-verse Ch 99, Monday 4:30 PM, Tuesday & Friday 7:00 PM
Sept. 2,3,6
Sept. 9,10,13
Sept. 16,17,20
Sept. 23,24,27

What is Treatment Court? #1221
The Inner World of Tai Chi #1223
Honeybees: Colonization & Culture #1125
Coffee: How to Enjoy it #965

S Palo Alto, East Palo Alto, Menlo Park, Stanford & Atherton Comcast Ch 75
Monday 11:00 AM, Tuesday 3:00 PM, Thursday 11:00 AM, Friday 9:00 AM
Simulcast on: www.communitymediacenter.net
Sept. 2,3,5,6
Sept. 9,10,12,13
Sept. 16,17,19,20
Sept. 23,24,26,27

What is Treatment Court? #1221
The Inner World of Tai Chi #1223
Honeybees: Colonization & Culture #1125
Coffee: How to Enjoy it #965

S San Jose & Campbell CreaTV Comcast Ch 15 Monday 7:30 PM
Simulcast on the internet: www.creatvsj.org
Sept. 2
Sept. 9
Sept. 16
Sept. 23

What is Treatment Court? #1221
The Inner World of Tai Chi #1223
Honeybees: Colonization & Culture #1125
Coffee: How to Enjoy it #965

S Saratoga KSAR TV Comcast Ch 15, AT&T U-verse Ch 99 Thursday 7:00 PM
Sept. 5
Sept. 12
Sept. 19
Sept. 26

What is Treatment Court? #1221
The Inner World of Tai Chi #1223
Honeybees: Colonization & Culture #1125
Coffee: How to Enjoy it #965